

## AVOID

- ▲ Contact with poison ivy, poison oak and other noxious weeds.
- ▲ Areas which are being mowed or there are other construction or maintenance activities being conducted.

## AND PLEASE....

- ▲ Don't pick up discarded syringes or hypodermic needles.
- ▲ Don't try to remove unknown or suspected toxic substances. Notify the Macomb County Department of Roads or the police of the location of these items immediately.
- ▲ Don't pick up items on bridges, in tunnels or on overpasses. These areas are especially dangerous to workers on foot.
- ▲ Don't enter the roadway or the shoulder areas to pick up trash.

## IN CASE OF AN EMERGENCY

- ▲ Every crew member should have an adequate first-aid kit to be prepared in the event of injuries.
- ▲ Select an emergency room/hospital and know the route to it from the work area.
- ▲ Every crew member should have transportation immediately available.
- ▲ Make sure at least one responsible individual has a cell phone available for emergency use.

For more information,  
please call our  
Adopt-A-County Road  
representative at  
Macomb County  
Department of Roads at  
(586) 463-8671 or email  
adopt@rcmcweb.org



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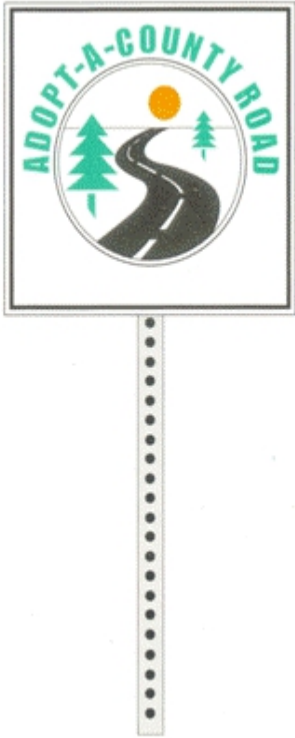
Macomb County  
Department of Roads

Adopt-A-County Road



*Safety  
Rules*

## WELCOME TO THE TEAM!



The Macomb County Department of Roads is pleased you've joined the Adopt-A-County Road team. Together we'll keep our roadsides clean and attractive.

It's a big job, and we want the experience to be as safe and enjoyable as possible. Please read these safety rules carefully before taking on your first assignment.

### GENERAL SAFETY RULES

- ▲ Road traffic travels at high speeds and most drivers don't expect to see crews working along the roadside. Be alert and use good common sense at all times!
- ▲ Crew members should be in good health with good sight and hearing.
- ▲ Children must be under adult supervision and comply with all the requirements in this brochure.
- ▲ One person should be designated crew leader to ensure safety rules are followed by everyone

## SAFETY RULES

1. Carpool to the site to reduce the number of vehicles on the roadside.
2. All vehicles should be parked well off the right shoulder. Do not park on paved shoulders or in roadway.
3. Parking is not allowed along curves, on bridges, near or under overpasses, or in roadway medians.
4. All occupants in vehicles should exit and enter the vehicle on the side opposite traffic.
5. Keep vehicles on the same side of the road as crew members.
6. Work only one side of the roadway at a time.
7. Knives, machetes, axes, etc. should not be carried by crew members.
8. Don't overfill or compact trash bags because of the danger of injuries from broken or jagged objects. Fill bags with what goes in easily, then start with a new bag.
9. Keep crews together for better visibility to motorists.
10. Use safe turn around points when changing directions.

## PROTECT YOURSELF AND OTHER CREW MEMBERS

- ▲ Face oncoming traffic as you work whenever possible. Be prepared to move out of the way of vehicles in an emergency.
- ▲ Stop working in bad weather, especially when there is poor visibility and wet or icy roads.
- ▲ Work during daylight hours.
- ▲ Avoid overexertion. Drink lots of water, especially on hot, humid days.
- ▲ Post a person to look out for traffic dangers.
- ▲ Have a refresher session on safety awareness each time a crew goes out.
- ▲ Never walk out on the roadway.
- ▲ Avoid the use of headsets.
- ▲ All workers should wear orange vests while working on the roadside. Other clothes should be light-colored for increased visibility.
- ▲ Wear heavy gloves.
- ▲ Watch your footing. Wear substantial leather shoes or boots with good ankle support. Stay off loose stones and steep slopes.
- ▲ Wear a hat and long-sleeved top to avoid sunburn. Sunscreen lotion is recommended for sunny days.